



40. Brockenlauf 2010

Ilseburg / 04.09.2010

Detailed evaluation

Bartels, Iris

Club: pingpank.de

Number: 26

Course: 27.00 km

Brockenlauf

Category:

Frauen W35

Total time: 2:27:48

Speed: 10.96 km/h

Running performance: 5:28 min/km

Rank in course/Total: 170 (of 403)

Rank in course/Women: 9 (of 48)

Best time in course: 2:13:18

Rank in category: 3(of 11)

Best time in the category: 2:14:57

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Stage score | | | | Total ranking | | | | | |
|----------------|----------|------------|--------------|-------------|-------------|-----------|--------------|---------------|------------|--------------|----------|-------------|-----------|
| | | | | Pos Cat. | Behind Cat. | Pos Women | Behind Women | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Women |
| Hermannsklippe | 9.00 | 56:24 | 6:15 | 6 | 4:14 | 14 | 5:51 | 9.00 | 56:24 | 6:15 | 3 | 4:11 | 33 |
| Brocken | 3.00 | 29:38 | 9:52 | 7 | 4:12 | 15 | 4:38 | 12.00 | 1:26:02 | 7:10 | 3 | 8:23 | 33 |
| Finish | 15.00 | 1:01:46 | 4:07 | 2 | 4:28 | 4 | 4:28 | 27.00 | 2:27:48 | 5:28 | 3 | 12:51 | 9 14:30 |