



# 40. Brockenlauf 2010

Ilseburg / 04.09.2010

## Detailed evaluation

**Immenroth, Lothar**

Club: Börde-SV Eickendorf

Number: 70

Course: 27.00 km

Brockenlauf

Category:

Männer M50

Total time: 2:28:46

Speed: 10.89 km/h

Running performance: 5:31 min/km

Rank in course/Total: 181 (of 403)

Rank in course/Men: 170 (of 355)

Best time in course: 1:44:00

Rank in category: 24(of 54)

Best time in the category: 2:08:27

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Hermannsklippe	9.00	56:23	6:15	27	8:42	187	17:15	9.00	56:23	6:15	51		170	17:15
Brocken	3.00	30:00	10:00	33	7:27	221	11:13	12.00	1:26:23	7:11	51		170	28:01
Finish	15.00	1:02:23	4:09	18	6:14	127	16:45	27.00	2:28:46	5:30	24	20:19	170	44:46