



# 40. Brockenlauf 2010

Ilseburg / 04.09.2010

## Detailed evaluation

**Krause, Thomas**

Club: Kospoda

Number: 156

Course: 27.00 km

Brockenlauf

Category:

Männer M50

Total time: 2:29:23

Speed: 10.84 km/h

Running performance: 5:32 min/km

Rank in course/Total: 184 (of 403)

Rank in course/Men: 173 (of 355)

Best time in course: 1:44:00

Rank in category: 26(of 54)

Best time in the category: 2:08:27

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Total min/km	Pos Cat.	Behind		Pos Men	Behind Men
						Pos Men	Behind Men	km	Time			Pos Men	Behind Men		
Hermannsklippe	9.00	55:16	6:08	23	7:35	162	16:08	9.00	55:16	6:08	50			166	16:08
Brocken	3.00	28:18	9:26	23	5:45	172	9:31	12.00	1:23:34	6:57	53			173	25:12
Finish	15.00	1:05:49	4:23	28	9:40	182	20:11	27.00	2:29:23	5:31	26	20:56		173	45:23