



40. Brockenlauf 2010

Ilseburg / 04.09.2010

Detailed evaluation

Boeltzig, Birko

Club: Kissenbrück

Number: 151

Course: 27.00 km

Brockenlauf

Category:

Männer M45

Total time: 2:29:58

Speed: 10.80 km/h

Running performance: 5:33 min/km

Rank in course/Total: 190 (of 403)

Rank in course/Men: 178 (of 355)

Best time in course: 1:44:00

Rank in category: 59(of 92)

Best time in the category: 1:50:19

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Hermannsklippe	9.00	55:59	6:13	59	13:53	177	16:51	9.00	55:59	6:13	12	1:13	178	16:51
Brocken	3.00	28:55	9:38	61	7:58	191	10:08	12.00	1:24:54	7:04	12	2:30	178	26:32
Finish	15.00	1:05:04	4:20	52	17:48	169	19:26	27.00	2:29:58	5:33	59	39:39	178	45:58