



40. Brockenlauf 2010

Ilseburg / 04.09.2010

Detailed evaluation

Pröhl, Mario

Club: Calw

Number: 84

Course: 27.00 km

Brockenlauf

Category:

Männer M35

Total time: 2:31:03

Speed: 10.72 km/h

Running performance: 5:35 min/km

Rank in course/Total: 196 (of 403)

Rank in course/Men: 184 (of 355)

Best time in course: 1:44:00

Rank in category: 22(of 39)

Best time in the category: 1:46:59

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total			Total ranking			
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Hermannsklippe	9.00	56:49	6:18	23	16:44	196	17:41	9.00	56:49	6:18	3	0:12	184	17:41
Brocken	3.00	28:45	9:35	25	9:19	187	9:58	12.00	1:25:34	7:07	3		184	27:12
Finish	15.00	1:05:29	4:21	22	18:01	176	19:51	27.00	2:31:03	5:35	22	44:04	184	47:03