



40. Brockenlauf 2010

Ilseburg / 04.09.2010

Detailed evaluation

Holub, Ulrich

Club: SV Kyffhäuser

Number: 293

Course: 27.00 km

Brockenlauf

Category:

Männer M45

Total time: 2:33:25

Speed: 10.56 km/h

Running performance: 5:41 min/km

Rank in course/Total: 207 (of 403)

Rank in course/Men: 194 (of 355)

Best time in course: 1:44:00

Rank in category: 62(of 92)

Best time in the category: 1:50:19

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Hermannsklippe	9.00	54:50	6:05	53	12:44	154	15:42	9.00	54:50	6:05	9	0:04	195	15:42
Brocken	3.00	30:59	10:19	72	10:02	247	12:12	12.00	1:25:49	7:09	9	3:25	195	27:27
Finish	15.00	1:07:36	4:30	64	20:20	202	21:58	27.00	2:33:25	5:40	62	43:06	194	49:25