



40. Brockenlauf 2010

Ilseburg / 04.09.2010

Detailed evaluation

Vogel, Sebastian

Club: Badenhausen

Number: 171

Course: 27.00 km

Brockenlauf

Category:

Männer M20

Total time: 2:33:46

Speed: 10.54 km/h

Running performance: 5:42 min/km

Rank in course/Total: 208 (of 403)

Rank in course/Men: 195 (of 355)

Best time in course: 1:44:00

Rank in category: 15(of 23)

Best time in the category: 1:47:53

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Hermannsklippe	9.00	59:32	6:36	18	20:23	243	20:24	9.00	59:32	6:36	10	5:18	196	20:24
Brocken	3.00	30:25	10:08	17	11:38	230	11:38	12.00	1:29:57	7:29	10	7:02	196	31:35
Finish	15.00	1:03:49	4:15	12	13:52	150	18:11	27.00	2:33:46	5:41	15	45:53	195	49:46