



40. Brockenlauf 2010

Ilseburg / 04.09.2010

Detailed evaluation

Zimmer, Achim

Club: Nenndorfer Brocken Echsens

Number: 237

Course: 27.00 km

Brockenlauf

Category:

Männer M60

Total time: 2:34:25

Speed: 10.49 km/h

Running performance: 5:43 min/km

Rank in course/Total: 216 (of 403)

Rank in course/Men: 202 (of 355)

Best time in course: 1:44:00

Rank in category: 5(of 17)

Best time in the category: 2:13:16

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Total min/km	Pos Cat.	Behind		
						Pos Men	Behind Men	km	Time			Pos Men	Behind Men	
Hermannsklippe	9.00	1:01:30	6:49	5	11:37	271	22:22	9.00	1:01:30	6:49	14		202	22:22
Brocken	3.00	26:08	8:42	3	0:54	100	7:21	12.00	1:27:38	7:18	14		202	29:16
Finish	15.00	1:06:47	4:27	5	9:17	198	21:09	27.00	2:34:25	5:43	5	21:09	202	50:25