



# 40. Brockenlauf 2010

Ilseburg / 04.09.2010

## Detailed evaluation

**Kurowski, Uwe**

Club: Leipzig

Number: 200

Course: 27.00 km

Brockenlauf

Category:

Männer M50

Total time: 2:34:46

Speed: 10.47 km/h

Running performance: 5:44 min/km

Rank in course/Total: 218 (of 403)

Rank in course/Men: 204 (of 355)

Best time in course: 1:44:00

Rank in category: 32(of 54)

Best time in the category: 2:08:27

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Hermannsklippe	9.00	56:36	6:17	29	8:55	193	17:28	9.00	56:36	6:17	5		204	17:28
Brocken	3.00	29:24	9:47	31	6:51	210	10:37	12.00	1:26:00	7:10	5		204	27:38
Finish	15.00	1:08:46	4:35	34	12:37	223	23:08	27.00	2:34:46	5:43	32	26:19	204	50:46