



40. Brockenlauf 2010

Ilseburg / 04.09.2010

Detailed evaluation

Lüdtke, Mathias

Club: fettleibigen Ballenstedter

Number: 108

Course: 27.00 km

Brockenlauf

Category:

Männer M45

Total time: 2:34:55

Speed: 10.46 km/h

Running performance: 5:44 min/km

Rank in course/Total: 221 (of 403)

Rank in course/Men: 207 (of 355)

Best time in course: 1:44:00

Rank in category: 64(of 92)

Best time in the category: 1:50:19

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Total min/km	Pos Cat.	Behind Cat.	Total ranking	
						Pos Men	Behind Men	km	Time				Pos Men	Behind Men
Hermannsklippe	9.00	59:16	6:35	75	17:10	239	20:08	9.00	59:16	6:35	7	4:30	207	20:08
Brocken	3.00	30:56	10:18	71	9:59	243	12:09	12.00	1:30:12	7:30	7	7:48	206	31:50
Finish	15.00	1:04:43	4:18	49	17:27	163	19:05	27.00	2:34:55	5:44	64	44:36	206	50:55