



# 40. Brockenlauf 2010

Ilseburg / 04.09.2010

## Detailed evaluation

**Bedemann, Torsten**

Club: Team Werkfeuerwehr

Number: 301

Course: 27.00 km

Brockenlauf

Category:

Männer M40

Total time: 2:34:58

Speed: 10.45 km/h

Running performance: 5:44 min/km

Rank in course/Total: 223 (of 403)

Rank in course/Men: 209 (of 355)

Best time in course: 1:44:00

Rank in category: 39(of 61)

Best time in the category: 1:44:00

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total			Total ranking			
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Hermannsklippe	9.00	55:35	6:10	34	16:27	169	16:27	9.00	55:35	6:10	9		209	16:27
Brocken	3.00	30:30	10:09	43	11:16	233	11:43	12.00	1:26:05	7:10	9		209	27:43
Finish	15.00	1:08:53	4:35	42	23:15	225	23:15	27.00	2:34:58	5:44	39	50:58	209	50:58