



40. Brockenlauf 2010

Ilseburg / 04.09.2010

Detailed evaluation

Gräger, Hans-Christian

Club: SKI CLUB Ilseburg

Number: 352

Course: 27.00 km

Brocken-Walking

Category:

Walking Männer

Total time: 4:22:00

Speed: 6.18 km/h

Running performance: 9:42 min/km

Rank in course/Total: 11 (of 11)

Rank in course/Men: 8 (of 8)

Best time in course: 3:45:09

Rank in category: 8(of 8)

Best time in the category: 3:45:09

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Hermannsklippe	9.00	1:40:41	11:11	2	3:20	2	3:20	9.00	1:40:41	11:11	2	3:20	2	3:20
Brocken	3.00	1:40:41	33:33	1	-	1	-	12.00	3:21:22	16:46	1	3:21:22	1	3:21:22
Finish	15.00	2:41:19	10:45	2	3:54	2	3:54	27.00	4:22:00	9:42	8	36:51	8	36:51