



40. Brockenlauf 2010

Ilseburg / 04.09.2010

Detailed evaluation

Zehring, Uwe

Club: DUV

Number: 98

Course: 27.00 km

Brockenlauf

Category:

Männer M45

Total time: 2:36:21

Speed: 10.36 km/h

Running performance: 5:47 min/km

Rank in course/Total: 232 (of 403)

Rank in course/Men: 218 (of 355)

Best time in course: 1:44:00

Rank in category: 66(of 92)

Best time in the category: 1:50:19

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Hermannsklippe	9.00	57:12	6:21	65	15:06	204	18:04	9.00	57:12	6:21	5	2:26	218	18:04
Brocken	3.00	30:54	10:17	69	9:57	241	12:07	12.00	1:28:06	7:20	5	5:42	218	29:44
Finish	15.00	1:08:15	4:32	68	20:59	216	22:37	27.00	2:36:21	5:47	66	46:02	218	52:21