



# 40. Brockenlauf 2010

Ilseburg / 04.09.2010

## Detailed evaluation

**Winkelvoss, Ilona**

Club: LG Wivo Magdeburg

Number: 18

Course: 27.00 km

Brockenlauf

Category:

Frauen W45

Total time: 2:37:37

Speed: 10.28 km/h

Running performance: 5:50 min/km

Rank in course/Total: 240 (of 403)

Rank in course/Women: 15 (of 48)

Best time in course: 2:13:18

Rank in category: 4(of 13)

Best time in the category: 2:21:29

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking					
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women
Hermannsklippe	9.00	1:00:32	6:43	6	9:11	20	9:59	9.00	1:00:32	6:43	4	8:42	39
Brocken	3.00	33:00	11:00	6	8:00	24	8:00	12.00	1:33:32	7:47	4	16:42	39
Finish	15.00	1:04:05	4:16	2	1:21	8	6:47	27.00	2:37:37	5:50	4	16:08	15 24:19