



40. Brockenlauf 2010

Ilseburg / 04.09.2010

Detailed evaluation

Göbel, Uwe

Club: Ski Klub Wernigerode

Number: 284

Course: 27.00 km

Brockenlauf

Category:

Männer M45

Total time: 2:37:48

Speed: 10.27 km/h

Running performance: 5:50 min/km

Rank in course/Total: 241 (of 403)

Rank in course/Men: 226 (of 355)

Best time in course: 1:44:00

Rank in category: 67(of 92)

Best time in the category: 1:50:19

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Hermannsklippe	9.00	58:57	6:33	71	16:51	230	19:49	9.00	58:57	6:33	4	4:11	226	19:49
Brocken	3.00	28:21	9:27	57	7:24	175	9:34	12.00	1:27:18	7:16	4	4:54	226	28:56
Finish	15.00	1:10:30	4:42	71	23:14	237	24:52	27.00	2:37:48	5:50	67	47:29	226	53:48