



# 40. Brockenlauf 2010

Ilseburg / 04.09.2010

## Detailed evaluation

**Scheibe, Frank**

Club: Laufschnule Anlauf

Number: 188

Course: 27.00 km

Brockenlauf

Category:

Männer M45

Total time: 2:38:51

Speed: 10.20 km/h

Running performance: 5:53 min/km

Rank in course/Total: 252 (of 403)

Rank in course/Men: 236 (of 355)

Best time in course: 1:44:00

Rank in category: 70(of 92)

Best time in the category: 1:50:19

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Hermannsklippe	9.00	56:53	6:19	64	14:47	198	17:45	9.00	56:53	6:19	13	2:07	181	17:45
Brocken	3.00	30:51	10:16	67	9:54	239	12:04	12.00	1:27:44	7:18	13	5:20	236	29:22
Finish	15.00	1:11:07	4:44	72	23:51	246	25:29	27.00	2:38:51	5:52	70	48:32	236	54:51