



40. Brockenlauf 2010

Ilseburg / 04.09.2010

Detailed evaluation

Scheibe, Frank

Club: Laufschnle Anlauf

Number: 188

Course: 27.00 km

Brockenlauf

Category:

Männer M45

Total time: 2:38:51

Speed: 10.20 km/h

Running performance: 5:53 min/km

Rank in course/Total: 252 (of 403)

Rank in course/Men: 236 (of 355)

Best time in course: 1:44:00

Rank in category: 70(of 92)

Best time in the category: 1:50:19

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total ranking | | | | | | |
|----------------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|---------------|---------------|-----------------|-------------|----------------|------------|---------------|
| | | | | | | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Hermannsklippe | 9.00 | 56:53 | 6:19 | 64 | 14:47 | 198 | 17:45 | 9.00 | 56:53 | 6:19 | 13 | 2:07 | 181 | 17:45 |
| Brocken | 3.00 | 30:51 | 10:16 | 67 | 9:54 | 239 | 12:04 | 12.00 | 1:27:44 | 7:18 | 13 | 5:20 | 236 | 29:22 |
| Finish | 15.00 | 1:11:07 | 4:44 | 72 | 23:51 | 246 | 25:29 | 27.00 | 2:38:51 | 5:52 | 70 | 48:32 | 236 | 54:51 |