



40. Brockenlauf 2010

Ilseburg / 04.09.2010

Detailed evaluation

Gastmann, Andreas

Club: TuS Bothfeld

Number: 315

Course: 27.00 km

Brockenlauf

Category:

Männer M40

Total time: 2:43:11

Speed: 9.93 km/h

Running performance: 6:02 min/km

Rank in course/Total: 270 (of 403)

Rank in course/Men: 251 (of 355)

Best time in course: 1:44:00

Rank in category: 46(of 61)

Best time in the category: 1:44:00

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total			Total ranking			
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Hermannsklippe	9.00	58:14	6:28	41	19:06	214	19:06	9.00	58:14	6:28	16		251	19:06
Brocken	3.00	28:44	9:34	36	9:30	186	9:57	12.00	1:26:58	7:14	16		251	28:36
Finish	15.00	1:16:13	5:04	54	30:35	293	30:35	27.00	2:43:11	6:02	46	59:11	251	59:11