



40. Brockenlauf 2010

Ilseburg / 04.09.2010

Detailed evaluation

Zennecke, Bernd

Club: Nordhausen

Number: 244

Course: 27.00 km

Brockenlauf

Category:

Männer M55

Total time: 2:43:23

Speed: 9.92 km/h

Running performance: 6:03 min/km

Rank in course/Total: 271 (of 403)

Rank in course/Men: 252 (of 355)

Best time in course: 1:44:00

Rank in category: 17(of 26)

Best time in the category: 2:04:40

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Hermannsklippe	9.00	1:00:51	6:45	19	16:05	264	21:43	9.00	1:00:51	6:45	10	1:35	252	21:43
Brocken	3.00	30:31	10:10	16	7:09	235	11:44	12.00	1:31:22	7:36	10	2:48	252	33:00
Finish	15.00	1:12:01	4:48	18	18:13	258	26:23	27.00	2:43:23	6:03	17	38:43	252	59:23