



40. Brockenlauf 2010

Ilseburg / 04.09.2010

Detailed evaluation

Illemann, Michael

Club: BIMO Allstars

Number: 180

Course: 27.00 km

Brockenlauf

Category:

Männer M40

Total time: 2:44:23

Speed: 9.86 km/h

Running performance: 6:05 min/km

Rank in course/Total: 281 (of 403)

Rank in course/Men: 260 (of 355)

Best time in course: 1:44:00

Rank in category: 49(of 61)

Best time in the category: 1:44:00

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Hermannsklippe	9.00	1:01:13	6:48	49	22:05	268	22:05	9.00	1:01:13	6:48	19	2:44	260	22:05
Brocken	3.00	32:12	10:44	51	12:58	276	13:25	12.00	1:33:25	7:47	19	3:11	260	35:03
Finish	15.00	1:10:58	4:43	47	25:20	243	25:20	27.00	2:44:23	6:05	49	1:00:23	260	1:00:23