



40. Brockenlauf 2010

Ilseburg / 04.09.2010

Detailed evaluation

Michel, Petra

Club: SV Post Telekom

Number: 34

Course: 27.00 km

Brockenlauf

Category:

Frauen W45

Total time: 2:44:28

Speed: 9.85 km/h

Running performance: 6:05 min/km

Rank in course/Total: 282 (of 403)

Rank in course/Women: 22 (of 48)

Best time in course: 2:13:18

Rank in category: 6(of 13)

Best time in the category: 2:21:29

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking					
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women
Hermannsklippe	9.00	1:00:37	6:44	7	9:16	21	10:04	9.00	1:00:37	6:44	6	8:47	46
Brocken	3.00	33:54	11:17	9	8:54	30	8:54	12.00	1:34:31	7:52	6	17:41	46
Finish	15.00	1:09:57	4:39	6	7:13	21	12:39	27.00	2:44:28	6:05	6	22:59	22 31:10