



40. Brockenlauf 2010

Ilseburg / 04.09.2010

Detailed evaluation

Arnhold, Gerd

Club: Rennsteiglaufverein

Number: 264

Course: 27.00 km

Brockenlauf

Category:

Männer M50

Total time: 2:44:35

Speed: 9.84 km/h

Running performance: 6:06 min/km

Rank in course/Total: 283 (of 403)

Rank in course/Men: 261 (of 355)

Best time in course: 1:44:00

Rank in category: 41(of 54)

Best time in the category: 2:08:27

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total			Total ranking			
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Hermannsklippe	9.00	1:00:23	6:42	39	12:42	253	21:15	9.00	1:00:23	6:42	14		261	21:15
Brocken	3.00	30:49	10:16	35	8:16	238	12:02	12.00	1:31:12	7:36	14		261	32:50
Finish	15.00	1:13:23	4:53	41	17:14	270	27:45	27.00	2:44:35	6:05	41	36:08	261	1:00:35