



40. Brockenlauf 2010

Ilseburg / 04.09.2010

Detailed evaluation

Hörnig, Sebastian

Club: Gesundheitszentrum Ascherslebe

Number: 113

Course: 27.00 km

Brockenlauf

Category:

Männer M20

Total time: 2:45:47

Speed: 9.77 km/h

Running performance: 6:08 min/km

Rank in course/Total: 288 (of 403)

Rank in course/Men: 265 (of 355)

Best time in course: 1:44:00

Rank in category: 19(of 23)

Best time in the category: 1:47:53

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Hermannsklippe	9.00	1:03:07	7:00	21	23:58	288	23:59	9.00	1:03:07	7:00	2	8:53	265	23:59
Brocken	3.00	33:26	11:08	21	14:39	289	14:39	12.00	1:36:33	8:02	6	13:38	265	38:11
Finish	15.00	1:09:14	4:36	15	19:17	228	23:36	27.00	2:45:47	6:08	19	57:54	265	1:01:47