



# 40. Brockenlauf 2010

Ilseburg / 04.09.2010

## Detailed evaluation

**Vollrath, Mark**

Club: TU Braunschweig

Number: 603

Course: 27.00 km

Brockenlauf

Category:

Männer M45

Total time: 2:46:50

Speed: 9.71 km/h

Running performance: 6:11 min/km

Rank in course/Total: 293 (of 403)

Rank in course/Men: 269 (of 355)

Best time in course: 1:44:00

Rank in category: 75(of 92)

Best time in the category: 1:50:19

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Hermannsklippe	9.00	59:13	6:34	72	17:07	235	20:05	9.00	59:13	6:34	41	4:27	269	20:05
Brocken	3.00	35:11	11:43	85	14:14	319	16:24	12.00	1:34:24	7:52	41	12:00	269	36:02
Finish	15.00	1:12:26	4:49	76	25:10	260	26:48	27.00	2:46:50	6:10	75	56:31	269	1:02:50