



40. Brockenlauf 2010

Ilseburg / 04.09.2010

Detailed evaluation

Knirsch, Thomas

Club: Bad Nenndorf

Number: 282

Course: 27.00 km

Brockenlauf

Category:

Männer M35

Total time: 2:47:21

Speed: 9.68 km/h

Running performance: 6:12 min/km

Rank in course/Total: 295 (of 403)

Rank in course/Men: 271 (of 355)

Best time in course: 1:44:00

Rank in category: 31(of 39)

Best time in the category: 1:46:59

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Hermannsklippe	9.00	1:03:47	7:05	34	23:42	295	24:39	9.00	1:03:47	7:05	12	7:10	271	24:39
Brocken	3.00	31:59	10:39	31	12:33	269	13:12	12.00	1:35:46	7:58	12	9:09	271	37:24
Finish	15.00	1:11:35	4:46	30	24:07	251	25:57	27.00	2:47:21	6:11	31	1:00:22	271	1:03:21