



40. Brockenlauf 2010

Ilseburg / 04.09.2010

Detailed evaluation

Gerlach, Eberhard

Club: Garbsen

Number: 109

Course: 27.00 km

Brockenlauf

Category:

Männer M45

Total time: 2:47:48

Speed: 9.65 km/h

Running performance: 6:13 min/km

Rank in course/Total: 299 (of 403)

Rank in course/Men: 275 (of 355)

Best time in course: 1:44:00

Rank in category: 78(of 92)

Best time in the category: 1:50:19

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Hermannsklippe	9.00	1:02:25	6:56	79	20:19	277	23:17	9.00	1:02:25	6:56	39	7:39	275	23:17
Brocken	3.00	31:06	10:22	74	10:09	251	12:19	12.00	1:33:31	7:47	39	11:07	275	35:09
Finish	15.00	1:14:17	4:57	78	27:01	273	28:39	27.00	2:47:48	6:12	78	57:29	275	1:03:48