



40. Brockenlauf 2010

Ilseburg / 04.09.2010

Detailed evaluation

Decker, Michael

Club: LSG Sport Tramp

Number: 403

Course: 27.00 km

Brockenlauf

Category:

Männer M40

Total time: 2:49:22

Speed: 9.57 km/h

Running performance: 6:16 min/km

Rank in course/Total: 306 (of 403)

Rank in course/Men: 282 (of 355)

Best time in course: 1:44:00

Rank in category: 54(of 61)

Best time in the category: 1:44:00

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Hermannsklippe	9.00	1:01:26	6:49	50	22:18	270	22:18	9.00	1:01:26	6:49	24	2:57	283	22:18
Brocken	3.00	32:13	10:44	52	12:59	277	13:26	12.00	1:33:39	7:48	24	3:25	283	35:17
Finish	15.00	1:15:43	5:02	52	30:05	286	30:05	27.00	2:49:22	6:16	54	1:05:22	283	1:05:22