



40. Brockenlauf 2010

Ilseburg / 04.09.2010

Detailed evaluation

Diekmann, Daniela

Club: LT Marienloh

Number: 21

Course: 27.00 km

Brockenlauf

Category:

Frauen W50

Total time: 2:50:52

Speed: 9.48 km/h

Running performance: 6:20 min/km

Rank in course/Total: 310 (of 403)

Rank in course/Women: 25 (of 48)

Best time in course: 2:13:18

Rank in category: 2(of 11)

Best time in the category: 2:39:57

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Hermannsklippe	9.00	1:04:05	7:07	3	3:41	28	13:32	9.00	1:04:05	7:07	2	3:41	13	
Brocken	3.00	32:36	10:52	3	2:13	22	7:36	12.00	1:36:41	8:03	2	5:54	13	
Finish	15.00	1:14:11	4:56	2	5:01	25	16:53	27.00	2:50:52	6:19	2	10:55	25	37:34