



40. Brockenlauf 2010

Ilseburg / 04.09.2010

Detailed evaluation

Wolff, Silke

Club: Garmisch-Partenkirchen

Number: 44

Course: 27.00 km

Brockenlauf

Category:

Frauen W45

Total time: 2:54:36

Speed: 9.28 km/h

Running performance: 6:28 min/km

Rank in course/Total: 319 (of 403)

Rank in course/Women: 27 (of 48)

Best time in course: 2:13:18

Rank in category: 8(of 13)

Best time in the category: 2:21:29

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking					
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women
Hermannsklippe	9.00	1:05:41	7:17	9	14:20	29	15:08	9.00	1:05:41	7:17	8	13:51	3
Brocken	3.00	33:19	11:06	7	8:19	26	8:19	12.00	1:39:00	8:15	8	22:10	3
Finish	15.00	1:15:36	5:02	8	12:52	28	18:18	27.00	2:54:36	6:28	8	33:07	27 41:18