



40. Brockenlauf 2010

Ilseburg / 04.09.2010

Detailed evaluation

Fischer, Steffen

Club: Erfurt
Number: 350

Course: 27.00 km
Brockenlauf

Category:
Männer M30

Total time: 2:55:20

Speed: 9.24 km/h
Running performance: 6:29 min/km

Rank in course/Total: 323 (of 403)

Rank in course/Men: 296 (of 355)

Best time in course: 1:44:00

Rank in category: 20(of 22)

Best time in the category: 1:49:23

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Hermannsklippe	9.00	1:06:07	7:20	21	26:58	312	26:59	9.00	1:06:07	7:20	4	6:00	297	26:59
Brocken	3.00	30:03	10:01	19	10:32	225	11:16	12.00	1:36:10	8:00	4	8:08	297	37:48
Finish	15.00	1:19:10	5:16	20	28:27	306	33:32	27.00	2:55:20	6:29	20	1:05:57	297	1:11:20