



40. Brockenlauf 2010

Ilseburg / 04.09.2010

Detailed evaluation

Harz, Margit

Club: SV Elbland Coswig-Meissen

Number: 45

Course: 27.00 km

Brockenlauf

Category:

Frauen W50

Total time: 2:55:40

Speed: 9.22 km/h

Running performance: 6:31 min/km

Rank in course/Total: 324 (of 403)

Rank in course/Women: 28 (of 48)

Best time in course: 2:13:18

Rank in category: 3(of 11)

Best time in the category: 2:39:57

Intermediate times

Stage score

Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Hermannsklippe	9.00	1:03:40	7:04	2	3:16	26	13:07	9.00	1:03:40	7:04	3	3:16	4	
Brocken	3.00	32:24	10:47	2	2:01	21	7:24	12.00	1:36:04	8:00	3	5:17	4	
Finish	15.00	1:19:36	5:18	4	10:26	34	22:18	27.00	2:55:40	6:30	3	15:43	28	42:22