



40. Brockenlauf 2010

Ilseburg / 04.09.2010

Detailed evaluation

Albrecht, Dieter

Club: ESV 49 Angermünde

Number: 103

Course: 27.00 km

Brockenlauf

Category:

Männer M60

Total time: 2:56:52

Speed: 9.16 km/h

Running performance: 6:33 min/km

Rank in course/Total: 328 (of 403)

Rank in course/Men: 300 (of 355)

Best time in course: 1:44:00

Rank in category: 7(of 17)

Best time in the category: 2:13:16

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Hermannsklippe	9.00	1:06:45	7:25	9	16:52	319	27:37	9.00	1:06:45	7:25	12	2:16	301	27:37
Brocken	3.00	32:49	10:56	8	7:35	283	14:02	12.00	1:39:34	8:17	12	3:39	301	41:12
Finish	15.00	1:17:18	5:09	9	19:48	299	31:40	27.00	2:56:52	6:33	7	43:36	301	1:12:52