



# 40. Brockenlauf 2010

Ilseburg / 04.09.2010

## Detailed evaluation

**Fritsche, Simone**

Club: Wernigerode

Number: 46

Course: 27.00 km

Brockenlauf

Category:

Frauen W40

Total time: 2:58:21

Speed: 9.08 km/h

Running performance: 6:37 min/km

Rank in course/Total: 333 (of 403)

Rank in course/Women: 29 (of 48)

Best time in course: 2:13:18

Rank in category: 6(of 9)

Best time in the category: 2:20:16

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking					
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women
Hermannsklippe	9.00	1:07:09	7:27	6	13:43	32	16:36	9.00	1:07:09	7:27	6	13:43	5
Brocken	3.00	35:37	11:52	7	9:57	36	10:37	12.00	1:42:46	8:33	6	23:40	5
Finish	15.00	1:15:35	5:02	6	14:25	27	18:17	27.00	2:58:21	6:36	6	38:05	29 45:03