



40. Brockenlauf 2010

Ilseburg / 04.09.2010

Detailed evaluation

Völker, Sven

Club: Blu Ilseburg

Number: 353

Course: 27.00 km

Brockenlauf

Category:

Männer M30

Total time: 2:58:29

Speed: 9.08 km/h

Running performance: 6:37 min/km

Rank in course/Total: 335 (of 403)

Rank in course/Men: 306 (of 355)

Best time in course: 1:44:00

Rank in category: 21(of 22)

Best time in the category: 1:49:23

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Hermannsklippe	9.00	1:00:43	6:44	19	21:34	260	21:35	9.00	1:00:43	6:44	3	0:36	307	21:35
Brocken	3.00	30:58	10:19	20	11:27	246	12:11	12.00	1:31:41	7:38	3	3:39	307	33:19
Finish	15.00	1:26:48	5:47	22	36:05	332	41:10	27.00	2:58:29	6:36	21	1:09:06	307	1:14:29