



40. Brockenlauf 2010

Ilseburg / 04.09.2010

Detailed evaluation

Reich, Dr. Steffi

Club: Blau Weiß Hettstedt

Number: 4

Course: 27.00 km

Brockenlauf

Category:

Frauen W45

Total time: 3:00:51

Speed: 8.96 km/h

Running performance: 6:42 min/km

Rank in course/Total: 347 (of 403)

Rank in course/Women: 33 (of 48)

Best time in course: 2:13:18

Rank in category: 10(of 13)

Best time in the category: 2:21:29

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Hermannsklippe	9.00	1:11:15	7:55	12	19:54	42	20:42	9.00	1:11:15	7:55	10	19:25	9	0:08
Brocken	3.00	34:47	11:35	11	9:47	34	9:47	12.00	1:46:02	8:50	10	29:12	9	1:22
Finish	15.00	1:14:49	4:59	7	12:05	26	17:31	27.00	3:00:51	6:41	10	39:22	33	47:33