



40. Brockenlauf 2010

Ilseburg / 04.09.2010

Detailed evaluation

Willberg, Sabine

Club: Volkslaufgem. 1991 Magdeburg
Number: 1

Course: 27.00 km
Brockenlauf

Category:
Frauen W45

Total time: 3:03:47

Speed: 8.81 km/h
Running performance: 6:49 min/km

Rank in course/Total: 355 (of 403)

Rank in course/Women: 36 (of 48)

Best time in course: 2:13:18

Rank in category: 11(of 13)

Best time in the category: 2:21:29

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Hermannsklippe	9.00	51:21	5:42	1	-	2	0:48	9.00	51:21	5:42	11			12
Brocken	3.00	26:14	8:44	3	1:14	6	1:14	12.00	1:17:35	6:27	11	0:45		12
Finish	15.00	1:46:12	7:04	13	43:28	48	48:54	27.00	3:03:47	6:48	11	42:18	36	50:29