



# 40. Brockenlauf 2010

Ilseburg / 04.09.2010

## Detailed evaluation

**Teutloff, Maik**

Club: Gesundheitszentrum Ascherslebe

Number: 115

Course: 27.00 km

Brockenlauf

Category:

Männer M20

Total time: 3:04:33

Speed: 8.78 km/h

Running performance: 6:50 min/km

Rank in course/Total: 358 (of 403)

Rank in course/Men: 322 (of 355)

Best time in course: 1:44:00

Rank in category: 23(of 23)

Best time in the category: 1:47:53

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Hermannsklippe	9.00	1:03:07	7:00	21	23:58	288	23:59	9.00	1:03:07	7:00	2	8:53	265	23:59
Brocken	3.00	33:47	11:15	22	15:00	295	15:00	12.00	1:36:54	8:04	2	13:59	300	38:32
Finish	15.00	1:27:39	5:50	23	37:42	337	42:01	27.00	3:04:33	6:50	23	1:16:40	323	1:20:33