



# 40. Brockenlauf 2010

Ilseburg / 04.09.2010

## Detailed evaluation

**Schindler, Lutz**

Club: MSV Eintr. Halberstadt

Number: 557

Course: 10.00 km

Ilsesteinlauf

Category:

Männer M60

Total time: 46:54

Speed: 12.79 km/h

Running performance: 4:41 min/km

Rank in course/Total: 40 (of 135)

Rank in course/Men: 36 (of 85)

Best time in course: 34:06

Rank in category: 2(of 4)

Best time in the category: 46:11

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ilsestein	4.10	23:09	5:38	2	0:41	36	6:34	4.10	23:09	5:38	2	0:41	71	
Lap 1	1.60	7:11	4:29	1	-	33	2:08	5.70	30:20	5:19	2	0:36	71	
Last lap Finish	4.30	16:34	3:51	2	0:07	37	4:07	10.00	46:54	4:41	2	0:43	36	12:48