



40. Brockenlauf 2010

Ilseburg / 04.09.2010

Detailed evaluation

Pollmann, Josef-Georg

Club: LAC Hochsauerland

Number: 159

Course: 27.00 km

Brockenlauf

Category:

Männer M50

Total time: 3:05:23

Speed: 8.74 km/h

Running performance: 6:52 min/km

Rank in course/Total: 361 (of 403)

Rank in course/Men: 324 (of 355)

Best time in course: 1:44:00

Rank in category: 50(of 54)

Best time in the category: 2:08:27

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Hermannsklippe	9.00	1:11:36	7:57	52	23:55	339	32:28	9.00	1:11:36	7:57	23	10:26	324	32:28
Brocken	3.00	34:32	11:30	48	11:59	307	15:45	12.00	1:46:08	8:50	23	11:10	324	47:46
Finish	15.00	1:19:15	5:16	49	23:06	307	33:37	27.00	3:05:23	6:51	50	56:56	325	1:21:23