



40. Brockenlauf 2010

Ilseburg / 04.09.2010

Detailed evaluation

Wolf, Dagmar

Club: LT Urbockstübchen Einbeck

Number: 22

Course: 27.00 km

Brockenlauf

Category:

Frauen W50

Total time: 3:05:42

Speed: 8.72 km/h

Running performance: 6:53 min/km

Rank in course/Total: 362 (of 403)

Rank in course/Women: 38 (of 48)

Best time in course: 2:13:18

Rank in category: 6(of 11)

Best time in the category: 2:39:57

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Hermannsklippe	9.00	1:10:30	7:49	5	10:06	39	19:57	9.00	1:10:30	7:49	6	10:06	14	
Brocken	3.00	37:52	12:37	8	7:29	43	12:52	12.00	1:48:22	9:01	6	17:35	14	3:42
Finish	15.00	1:17:20	5:09	3	8:10	32	20:02	27.00	3:05:42	6:52	6	25:45	38	52:24