



40. Brockenlauf 2010

Ilseburg / 04.09.2010

Detailed evaluation

Sommer, Stefan

Club: Laufteam Herzberg

Number: 190

Course: 27.00 km

Brockenlauf

Category:

Männer M35

Total time: 3:06:04

Speed: 8.71 km/h

Running performance: 6:53 min/km

Rank in course/Total: 364 (of 403)

Rank in course/Men: 326 (of 355)

Best time in course: 1:44:00

Rank in category: 37(of 39)

Best time in the category: 1:46:59

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Hermannsklippe	9.00	1:02:49	6:58	33	22:44	287	23:41	9.00	1:02:49	6:58	18	6:12	326	23:41
Brocken	3.00	38:43	12:54	38	19:17	345	19:56	12.00	1:41:32	8:27	18	14:55	326	43:10
Finish	15.00	1:24:32	5:38	36	37:04	327	38:54	27.00	3:06:04	6:53	37	1:19:05	327	1:22:04