



40. Brockenlauf 2010

Ilseburg / 04.09.2010

Detailed evaluation

Harz, Matthias

Club: SV Elbland Coswig-Meissen

Number: 351

Course: 27.00 km

Brockenlauf

Category:

Männer M60

Total time: 3:07:10

Speed: 8.66 km/h

Running performance: 6:56 min/km

Rank in course/Total: 366 (of 403)

Rank in course/Men: 328 (of 355)

Best time in course: 1:44:00

Rank in category: 12(of 17)

Best time in the category: 2:13:16

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Hermannsklippe	9.00	1:07:02	7:26	10	17:09	321	27:54	9.00	1:07:02	7:26	7	2:33	328	27:54
Brocken	3.00	35:01	11:40	11	9:47	317	16:14	12.00	1:42:03	8:30	7	6:08	328	43:41
Finish	15.00	1:25:07	5:40	15	27:37	331	39:29	27.00	3:07:10	6:55	12	53:54	329	1:23:10