



40. Brockenlauf 2010

Ilseburg / 04.09.2010

Detailed evaluation

Schendel, Thorsten

Club: Brietlingen

Number: 77

Course: 27.00 km

Brockenlauf

Category:

Männer M45

Total time: 3:09:30

Speed: 8.55 km/h

Running performance: 7:01 min/km

Rank in course/Total: 370 (of 403)

Rank in course/Men: 332 (of 355)

Best time in course: 1:44:00

Rank in category: 89(of 92)

Best time in the category: 1:50:19

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Hermannsklippe	9.00	1:06:16	7:21	88	24:10	315	27:08	9.00	1:06:16	7:21	28	11:30	332	27:08
Brocken	3.00	36:07	12:02	88	15:10	331	17:20	12.00	1:42:23	8:31	28	19:59	332	44:01
Finish	15.00	1:27:07	5:48	88	39:51	335	41:29	27.00	3:09:30	7:01	89	1:19:11	333	1:25:30