



40. Brockenlauf 2010

Ilseburg / 04.09.2010

Detailed evaluation

Lehmann, Wolf-Dieter

Club: Rennsteiglaufverein

Number: 265

Course: 27.00 km

Brockenlauf

Category:

Männer M60

Total time: 3:11:33

Speed: 8.46 km/h

Running performance: 7:05 min/km

Rank in course/Total: 378 (of 403)

Rank in course/Men: 336 (of 355)

Best time in course: 1:44:00

Rank in category: 14(of 17)

Best time in the category: 2:13:16

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Hermannsklippe	9.00	1:12:10	8:01	14	22:17	341	33:02	9.00	1:12:10	8:01	5	7:41	336	33:02
Brocken	3.00	35:53	11:57	14	10:39	329	17:06	12.00	1:48:03	9:00	5	12:08	336	49:41
Finish	15.00	1:23:30	5:33	14	26:00	325	37:52	27.00	3:11:33	7:05	14	58:17	337	1:27:33