



# 40. Brockenlauf 2010

Ilseburg / 04.09.2010

## Detailed evaluation

Wieczorek, Bernd

Club: LT Salzgitter

Number: 396

Course: 27.00 km

Brockenlauf

Category:

Männer M50

Total time: 3:12:20

Speed: 8.42 km/h

Running performance: 7:07 min/km

Rank in course/Total: 381 (of 403)

Rank in course/Men: 339 (of 355)

Best time in course: 1:44:00

Rank in category: 51(of 54)

Best time in the category: 2:08:27

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Hermannsklippe	9.00	1:08:03	7:33	50	20:22	326	28:55	9.00	1:08:03	7:33	24	6:53	339	28:55
Brocken	3.00	36:12	12:04	51	13:39	334	17:25	12.00	1:44:15	8:41	24	9:17	339	45:53
Finish	15.00	1:28:05	5:52	52	31:56	340	42:27	27.00	3:12:20	7:07	51	1:03:53	340	1:28:20