



40. Brockenlauf 2010

Ilsenburg / 04.09.2010

Detailed evaluation

Just, Thomas

Club: Brockenlaufv. 1927 Ilsenburg
Number: 374

Course: 27.00 km
Brockenlauf

Category:
Männer M50

Total time: 3:13:04

Speed: 8.39 km/h
Running performance: 7:09 min/km

Rank in course/Total: 382 (of 403)

Rank in course/Men: 340 (of 355)

Best time in course: 1:44:00

Rank in category: 52(of 54)

Best time in the category: 2:08:27

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Hermannsklippe	9.00	1:10:53	7:52	51	23:12	337	31:45	9.00	1:10:53	7:52	25	9:43	340	31:45
Brocken	3.00	35:22	11:47	50	12:49	321	16:35	12.00	1:46:15	8:51	25	11:17	340	47:53
Finish	15.00	1:26:49	5:47	51	30:40	333	41:11	27.00	3:13:04	7:09	52	1:04:37	341	1:29:04