



40. Brockenlauf 2010

Ilseburg / 04.09.2010

Detailed evaluation

Mende, Oliver

Club: Hemmingen

Number: 137

Course: 27.00 km

Brockenlauf

Category:

Männer M45

Total time: 3:23:53

Speed: 7.95 km/h

Running performance: 7:33 min/km

Rank in course/Total: 389 (of 403)

Rank in course/Men: 344 (of 355)

Best time in course: 1:44:00

Rank in category: 92(of 92)

Best time in the category: 1:50:19

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Hermannsklippe	9.00	1:12:18	8:01	91	30:12	342	33:10	9.00	1:12:18	8:01	25	17:32	344	33:10
Brocken	3.00	36:30	12:09	90	15:33	335	17:43	12.00	1:48:48	9:03	25	26:24	344	50:26
Finish	15.00	1:35:05	6:20	92	47:49	346	49:27	27.00	3:23:53	7:33	92	1:33:34	345	1:39:53