



40. Brockenlauf 2010
Ilseburg / 04.09.2010

Detailed evaluation

Palmer, Sarah-Michelle

Club: Harz-Gebirgslauf Wernigerode
Number: 728

Course: 1.80 km
Nachwuchsstraßenlauf

Category:
weibliche Schüler D

Total time: 7:23

Speed: 8.13 km/h
Running performance: 4:06 min/km

Rank in course/Total: 22 (of 152)

Rank in course/Women: 7 (of 75)

Best time in course: 6:53

Rank in category: 1(of 28)

Best time in the category: 7:23