



# 40. Brockenlauf 2010

Ilsenburg / 04.09.2010

## Detailed evaluation

**Wagner, Detlef**

Club: Brockenlaufv. 1927 Ilsenburg

Number: 568

Course: 10.00 km

Ilsesteinlauf

Category:

Männer M40

Total time: 48:15

Speed: 12.44 km/h

Running performance: 4:49 min/km

Rank in course/Total: 47 (of 135)

Rank in course/Men: 42 (of 85)

Best time in course: 34:06

Rank in category: 5(of 9)

Best time in the category: 37:58

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ilsestein	4.10	24:11	5:53	5	4:54	43	7:36	4.10	24:11	5:53	5	4:54	65	
Lap 1	1.60	6:51	4:16	3	1:09	28	1:48	5.70	31:02	5:26	5	6:02	65	
Last lap Finish	4.30	17:13	4:00	5	4:15	45	4:46	10.00	48:15	4:49	5	10:17	42	14:09