



40. Brockenlauf 2010

Ilseburg / 04.09.2010

Detailed evaluation

Ahrend, Robert

Number: 788

Course: 1.80 km

Nachwuchsstraßenlauf

Category:

männliche Schüler E

Total time: 8:45

Speed: 6.86 km/h

Running performance: 4:52 min/km

Rank in course/Total: 74 (of 152)

Rank in course/Men: 43 (of 77)

Best time in course: 6:36

Rank in category: 4(of 18)

Best time in the category: 7:48