



40. Brockenlauf 2010

Ilseburg / 04.09.2010

Detailed evaluation

König, Michaela

Club: Physiotherapie König

Number: 931

Course: 10.00 km

Ilsestein-Walking

Category:

Walking Frauen

Total time: 1:26:16

Speed: 6.96 km/h

Running performance: 8:38 min/km

Rank in course/Total: 5 (of 13)

Rank in course/Women: 4 (of 11)

Best time in course: 1:23:56

Rank in category: 4(of 11)

Best time in the category: 1:23:56

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total ranking | | | | | | |
|-----------------|----------|------------|--------------|----------|-------------|-------------|--------------|---------------|------------|--------------|----------|-------------|-----------|--------------|
| | | | | | | Pos Women | Behind Women | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Women | Behind Women |
| Ilsestein | 4.10 | 39:00 | 9:30 | 6 | 0:35 | 6 | 0:35 | 4.10 | 39:00 | 9:30 | 5 | 0:26 | 5 | 0:26 |
| Lap 1 | 1.60 | fehlt! | - | - | - | - | - | 5.70 | - | - | - | - | - | - |
| Last lap Finish | 4.30 | 47:16 | 10:59 | 4 | 1:54 | 4 | 1:54 | 10.00 | 1:26:16 | 8:37 | 4 | 2:20 | 4 | 2:20 |